

## WORKSHOP DIRECTORY PAGE

**TITLE:** Childhood Mental Health Issues: An Introduction for Child Welfare Professionals

**COMP. #:** 303

**NO. HRS:** 12

**DATE:** March 2022

### QUALITY SERVICES REVIEW INDICATORS:

- Engagement Efforts
- Role and Voice
- Teaming
- Cultural Awareness and Responsiveness
- Assessment and Understanding
- Intervention Adequacy and Resource Availability

### COMPETENCIES:

- 110-1: Engagement:** The child welfare professional initiates, interacts, and maintains relationships with children, youth, families, colleagues, and other team members to ensure participation in shaping decisions about needs, goals, supports, and services.
- 110-2: Assessment:** The child welfare professional gathers relevant information and engages in critical thinking, utilizing a strength-based perspective and the competency model leading to an ongoing, accurate, and comprehensive assessment process.
- 110-3: Teaming:** The child welfare professional assembles teams within and across organizations that are inclusive of family members utilizing and contributing to a collaborative approach throughout all phases of the child welfare process.

### LEARNING OBJECTIVES: Participants will be able to:

- Recognize safety threats and risk factors that might lead to or result in additional child abuse and neglect in children/adolescent with mental health issues; (comprehension)
- Recognize how and when a caseworker needs to intervene to assure safety, permanency and well-being for children/adolescents with mental health issues; (comprehension)
- Apply solution-focused questioning strategies with children and families coping with child/adolescent mental health issues; (application)
- Explain how effective outcome-based treatment is based on comprehensive, ongoing assessment of children/adolescents with mental health issues; and (application)

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- Learn how to collaborate with the Mental Health system while still abiding by the laws and regulations associated with confidentiality and release of records. (knowledge)

### CALENDAR SUMMARY:

This training serves as an introduction for Child Welfare Professionals on the topic of childhood mental health issues and its connection to child welfare. As Child Welfare Professionals come into contact with a child/adolescent who has mental health diagnosis, it is imperative that they be able to identify and connect issues related to the diagnosis to the casework process. In this training, best practice in the areas of assessment, service planning, collaboration and referral, and permanency planning will be related to the case process for a child/adolescent with mental health issues. This workshop is eligible for 12 Continuing Education Credits for LSW, LCSW, LPC, & LMFT licensures.

### TARGET AUDIENCE:

This workshop is part of the Second Layer of Core, which is intended for newly certified direct service workers. The content presented in this training provides new Child Welfare Professionals with foundational information related to specific casework practice regarding children and adolescents with mental health issues. Child Welfare Professionals interested in an updated overview of child/adolescent mental health issues would also benefit from this workshop.

### EXPECTATIONS OF THE INSTRUCTOR:

This instructor must have extensive experience working with children and adolescents with mental health concerns within Child Welfare. The instructor is required to possess a thorough knowledge of the Child Welfare casework process. The instructor should have clear working knowledge of both risk and safety assessments as well as the knowledge and ability to put into practice ASFA, PA Standards, Interactional Skills, and the PA State Bulletins. The instructor must have knowledge regarding the history, diagnosis, behavioral indicators, prevalence, and preferred treatment of children and adolescents with mental health disorders. The instructor should possess a background and experience in team approaches with families and Mental Health Professionals who deal with children and adolescents diagnosed with mental health disorders. The instructor should read and be familiar with *Handout #5: Childhood Mental Health Issues: A Resource Guide* and be familiar with the DSM-V. The instructor is encouraged to prepare a resource table with additional information focused on child welfare specific interventions pertaining to mental health issues of children/adolescents.

### MATERIALS NEEDED:

- Markers
- Name tents

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- Masking tape
- 2 Flip chart pads
- 2 Flip chart stands
- Post-it Notes on each table
- Laptop
- LCD Screen and Projector
- Speakers
- Curriculum
- Handouts for Participants

### LIST OF APPENDICES:

- 1: Scaling Signs
- 2: Sample Solution-Focused Questions for Nicole Adams Activity
- 3: Enhancing Assessments Toolkit
- 4: An Appendix to Standard Curriculum for Remote Training Delivery

### LIST OF VIDEOS:

1. Day for Night: Recognizing Teenage Depression (link in content and online)
2. Through Our Eyes: Children, Violence, Trauma-Introduction (YouTube link in content)
3. Ask an Autistic #9: Sensory Processing Disorder, (YouTubeLink in content)

### LIST OF HANDOUTS:

- 1: Childhood Mental Health Issues PowerPoint (17 pages)
- 2: Normal Developmental Tasks vs. Indicators of Concern (6 pages)
- 3: Factors that Influence Developmental Problems in Maltreated Children/ Adolescents (1 page)
- 4: Childhood Mental Health Issues: A Resource Guide (7 pages)
- 5: Case Scenario: Nicole Adams (2 pages)
- 6: Solution-Focused Questions (1 page)
- 7: Anxiety Disorders and Obsessive-Compulsive Disorder: Case Scenarios (5 pages)
- 8: Age of Consent for Mental Health Treatment in Pennsylvania (10 pages)
- 9: Mental Health / Intellectual Disability (5 pages)
- 10: Child and Adolescent Service System Program (CASSP) (1 page)
- 11: Characteristics of a Quality Evaluation Report (1 page)
- 12: Transfer of Learning (1 page)
- 13: References (6 pages)

### LIST OF POWERPOINTS:

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1. Childhood Mental Health Issues: An Introduction for Child Welfare Professionals  
(50 slides)

### **LIST OF PREWORK:**

- 1: Pework Letter and Instructions

### **INSTRUCTOR PREPARED FLIPCHART:**

- 2: What's In It For Children and Families (WIIFCF)

### **CE CREDITS ASSIGNED:**

CE Credit for LSW, LCSW, LPC, & LMFT (12 hours)

### **MAXIMUM REGISTRATION NUMBER:**

20 Participants